

Join Us for Hands-on Energy on Instagram Live
@theneedproject

Tuesday, March 31st, 2:00 pm EST

Hot or Not – Endothermic and Exothermic Reactions

Grades 4th – 8th (Although all are welcome to join!)

What you'll need

- 3 plastic baggies
- Tablespoon
- Vinegar
- Baking soda
- Water
- Ice melt/ rock salt
- Air-Activated Handwarmer (example)
- Thermometer – If you have a one. Don't use the thermometer you use to take your temperature. If you don't have one, that's ok

Thursday, April 2nd, 2:00 pm EST

Can You Dig It? – Cookie Mining

Grades 1st – 5th (Although all are welcome to join!)

What you'll need

- Chocolate chip cookie (Or similar – You are going to mine the chips. Nuts could be mined instead.)
- Toothpick or straightened paperclip
- Piece of paper
- Pencil
- Ruler

Don't have all the supplies for a session? That's ok! Join us with the supplies you do have.
Can't join us live? Watch on your own time after the event!

Check out all of The NEED Project's resources at www.need.org

